



## Lecture: Paediatric Reflexology - Evidence Based Practice

- *an act for life!*

*Are you practitioner, and want to make a difference?*

**Leila Eriksen** has been working as a nurse assistant for 21 year in a Danish children hospital, worked with reflexology in practice and reflexology research for 25 years, she .....

- Has been part of several project teams, including research regarding children with **colic, ear problems** and **bedwetting**. All studies published in peer reviewed scientific magazines.
- Has a close relationship with the association of **cancer children** in Denmark, where more than 500 family members, during the past 5 years have tried reflexology, with great success.
- Has been visiting children hospitals and CAM clinics in Australia, Israel, Spain and China
- Has been represented at 3 International CAM Research Congresses. 3 abstracts accepted for presentation (Migraine 2010, Reflexology Clients 2011, Cancer Children and families 2012)
- Has been invited as speaker at > 40 international congresses and meetings around the world.
- Has received 5 awards. The latest, "Special Recognition award" received at **ICR International Council of Reflexology**, World Conference in Portugal 2011.
- Is connected to **RiEN Reflexology in Europe Network**, as research adviser
- Is coordinating a CAM pilot study for The Association of Cancer Children, FCB, in Denmark
- Is member of the Danish National Board of Health, Council Concerning Alternative Treatment

During the lecture you will be inspired and invited to join an interesting, active journey, from 25 years of experience regarding national and international development in the CAM area.

**Abstract of the lecture: "Paediatric Reflexology – evidence based practice"** is an exiting journey, highlighting studies and paediatric activities from around the world. One of the studies, in focus, is the study **"Experiences and wishes from cancer children and their families regarding CAM"**. A study accepted for poster presentation at the 2012 "International Research Congress on Integrative Medicine and Health" in Portland, Oregon, US, and presented at the 7<sup>th</sup> European Reflexology Conference, titled **"Children first"**.

The presentation gives you a great opportunity to be inspired for your own daily work, and give you the chance to be part of an amazing network. Sharing experiences, knowledge and to build healthy bridges.