



RAB godkendt kursus - 18 og 19. oktober 2014



Sted: Sjælsro Skolen, 2620 Albertslund (Blot 15 km fra Københavns Lufthavn/Hovedbanegård) **Pris**: 3.300 DKR inkl. kursusmateriale, certifikat og fuld forplejning (morgenmad, frokost m.m.) **Tilmelding**: Først til mølle princippet, ved indbetaling på Reg. nr. 2417-Konto nr. 6888 140 293 **Sprog**: Let forståeligt engelsk. Oversættelse til dansk efter ønske og behov. **Alle kan være med. Information**: Lad dig yderligere inspirere på **www.carecam.dk** – klik kurser i menubjælken. **Ring/SMS**: Leila Eriksen på (+45) **26 18 95 90. Velkommen** til en meget spændende weekend.

Sarafijn Basic Technique



Sarafijn Basic Technique is a sequence of elaborated actions creating an omnipotent field. The technique is carried out on hands and feet. The practitioner learns to work with the information of power switches, supporting the receiver to actually turn the switch. This results in the opening of a new potential within. The power of the technique is the gentle though powerfull repetitive touch when performed.

Be the change you want to see in the world'

Mahatma Ghandi

We are so much more than our physical body.

Every person is a beacon sending and receiving signals through energy fields similar to a radio station. Most of the time this happens unconsciously. The subtile energies are picked up eliciting certain behaviour, emotions or thoughts. Every one of us has programmed behaviour picked up throughout our entire life, even before birth living inside the womb of our mother. As long as we do not know why we react the way we do, we cannot change it. By using mirror communication the understanding grows that the environment reflects our deepest beliefs. Once this insight becomes clear, behavior can be changed, altering at the same time our emotional and physical reactions, creating more physical wellbeing. This opens the doorway to the potential of creating the world we want to live in.

This course offers the participants:

- The understanding of their energetical system
- How to apply mirror communication
- The ability to make contact with their own source of potential
- A save environment to explore the way they work with their own sensing
- The understanding of the power of gentle touch



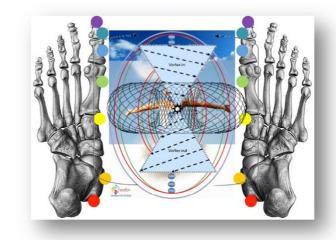
Sarafijn Basic Technique can be used to:

- Support people in crusial moments of change in their lives such as a divorce, losing a job, changing jobs, dealing with illness, etc.
- Support future fathers and mothers in preparing for the incoming souls
- Support during pregnancy in making contact with the baby and cleaning the system of useless emotions and thoughts
- Relax in very stressy situations such as examinations, high demanding jobs

Content

The course covers two consequetive days of training. Following topics will be covered:

- Chakras: functioning, physical, emotional and mental influences
- Learning to work with the concept of 'the sun underneath the feet'
- Learning to work with the Trinity hold
- Learning how the energy fields are build and how they function
- Projecting the reflexes of the sushumna and the 7 chakra's on the feet



- Learning how to perform the Sarafijn Basic Technique on the feet
- Giving two sessions, receiving two sessions
- Learning how to use mirror communication
- Learning to describe what is sensed and noticing
- Learning where there is no synchronicity in the system
- An extra third day is possible for training on the hands and for self-help on the hands.

Har du spørgsmål? Ring 26 18 95 90